



NOTICE OF MONTHLY MEETING – October 2026

Professional Education Committee (PEC) of HKDA

Date: Wednesday, 28 October 2026

Time: 6:30 pm – 6:50 pm Registration
6:50 pm – 7:00 pm HKDA Council and PEC Announcement
7:00 pm – 7:15 pm Overview on HKDA CMS System by Dr Mike CHEUNG
7:15 pm – 8:30 pm Lecture I by Dr CHOI Sik Kai, Trustin, followed by Q&A
8:30 pm – 10:00 pm Lecture II by Dr Ronald KWOK and Dr Richard WONG, followed by Q&A

Venue: Michelle, 2/F., Eaton Hotel HK, 380 Nathan Road, Kowloon (Exit B1, Jordan MTR Station)

Medium: Lecture I: English
Lecture II: English, supplemented by Cantonese

Accreditation:	CDSHK CME/CPD points	(to be confirmed)
	DCHK CPD points	

Pre-event Registration:

- ♦ Pre-event registration is not required. Seats are available on a **first-come, first-served** basis until full. Please arrive on time to secure a seat.

Important Notes:

- ♦ On the event day, registration will commence at **6:30 pm**.
- ♦ Members are required to present their **membership cards** (physical or digital) in person for **membership verification, event admission and CPD/CME credits**.
- ♦ Priority will be given to attendees with membership cards. Attendees without membership cards may experience longer waiting times.
- ♦ Please note that attendees must sign in and attend the lecture in person to obtain CPD/CME credits. HKDA may report any failure to meet this requirement to the relevant administrator(s).

Registration Fee:

- ♦ **Free of charge** for HKDA Life Members and Paid-up Members.
- ♦ **HK\$900** for Non-HKDA Members and Accompanying Persons.

Notes:

1. Onsite payment is required prior to admission.
2. The HKDA Council reserves the right of final decision on the admission of any persons.



Presentation (7:00 pm – 7:15 pm)

Topic: “Overview on HKDA CMS System”

Speaker: Dr Mike CHEUNG, Vice-President of HKDA

Lecture I (7:15 pm – 8:30 pm)

Topic: “To Save or Not to Save? Decision Making in the Management of Periodontally Involved Teeth”

Speaker: **Dr CHOI Sik Kai, Trustin**

*Specialist in Periodontology
BDS (HK), MDS (Perio)(HK), AdvDipPeriodont (HK), FHKAM (Dental Surgery), FRACDS (GDP), M Perio RCSEd, FCDSHK (Perio)*

Dr Choi graduated from the University of Hong Kong in 2008. He obtained his Membership in Periodontology of Royal College of Surgeons of Edinburgh in 2014, his Fellowship in Periodontology in the College of Dental Surgeons of Hong Kong in 2016 and Fellowship at the Royal Australian College of Dental Surgeons in 2017.



Dr Choi is a former Councilor of Hong Kong Society of Periodontology and Implant Dentistry. He works currently as Specialist in Periodontology providing specialty service in private sector.

Abstract: Accurate prognosis prediction is essential for managing periodontally compromised teeth and guiding clinical decision-making. This presentation addresses the critical parameters governing tooth prognosis, comparing standard prognostic factors with actual long-term clinical outcomes. We will review the definitive limits and clinical efficacy of both non-surgical and surgical periodontal interventions, delineating when tooth preservation is predictable versus when extraction is indicated. Practical illustrations will demonstrate the integration of current periodontal protocols into daily general practice, supported by evidence-based management strategies. Finally, attendees will gain clinical tips to optimize treatment outcomes, streamline maintenance protocols, and enhance patient compliance in managing complex periodontal cases.



Lecture II (8:30 pm – 10:00 pm)

Topic 1: “Your Spine During Outreach — What a Chiropractor Sees and What You Can Do About It”

Speaker 1: **Dr KWOK Hon Man, Ronald**

Dr Ronald Kwok holds a Master of Chiropractic from Ulster University and is currently pursuing a Master of Public Health at University College London (UCL). He serves as Director and chiropractor at Linden Chiropractic, and Deputy Programme Leader and Senior Lecturer at the Hong Kong College of Chiropractic.



In addition to his clinical and academic roles, Dr Kwok is a Committee Member of Chiropractic Code of Practice of the Chiropractic Council, Honorary Treasurer of the Chiropractic Doctors' Association of Hong Kong, and a Young Member of the Hong Kong Professionals and Senior Executives Association. His contributions reflect a strong commitment to professional excellence, healthcare leadership, and the advancement of the chiropractic profession.

Abstract: Dental professionals experience a disproportionately high prevalence of musculoskeletal disorders, particularly affecting the neck, shoulders, and lower back, largely due to prolonged static postures and repetitive clinical procedures. This presentation examines the biomechanical demands of dental practice and highlights the heightened ergonomic challenges encountered during community outreach activities, where conventional clinical support systems are often unavailable. Drawing on a chiropractor’s clinical perspective, the session will explore the mechanisms underlying spinal injury, early indicators of musculoskeletal dysfunction, and the occupational risks associated with outreach settings. Participants will gain practical, evidence-based strategies to improve posture, reduce injury risk, and support long-term physical wellbeing, including a simple procedure-specific stretching routine for use between patients.

Topic 2: “Clinical Relevance of Orthopaedic Disorders in Dental Surgical Practice – An Orthopaedic Perspective”

Speaker 2: **Dr WONG Kar Fai, Richard**

Specialist of Orthopaedics and Traumatology

Dr Richard Wong obtained his Bachelor of Medicine and Bachelor of Surgery from The University of Hong Kong and is a Fellow of the Hong Kong Academy of Medicine (Orthopaedic Surgery), the Hong Kong College of Orthopaedic Surgeons, and the Royal College of Surgeons of Edinburgh. He has been in private practice at Richard Clinics since 2011 and previously





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served in Orthopaedics and Traumatology Departments within the Hospital Authority. Dr Wong has authored multiple orthopaedic publications and actively contributes to community and sports medicine initiatives, such as International Games of Rugby and Volleyball.

Abstract: The interrelationship between orthopaedic health and dental practice has significant implications for both patient care and practitioner wellbeing. This presentation explores how orthopaedic disorders, bone-modifying therapies, and prosthetic joint replacements may influence the safety, healing outcomes, and risk profile of dental procedures. It will also examine the high prevalence of work-related musculoskeletal disorders among dental professionals arising from prolonged static postures, repetitive movements, and ergonomic challenges in clinical practice. Drawing upon current evidence, clinical guidelines, and occupational health principles, the session will highlight the importance of interdisciplinary collaboration, individualised risk assessment, and preventive ergonomic strategies to enhance patient safety, optimise clinical outcomes, and support the long-term sustainability of the dental workforce.

Certificate of Attendance:

- ♦ **No On-Site Certificates:** Certificates of attendance will not be available at the registration desk.
- ♦ **Digital Access:** Members can log into their accounts on the HKDA website to download their certificates of attendance seven days after the meeting.
- ♦ **Printed Certificates:** A HK\$200 administration fee will apply for the issuance of printed certificates upon request. Printed certificates will be available for collection at the HKDA Office or can be mailed upon request.
- ♦ **For Non-Members:** Non-HKDA members who have fully settled the required fees will also have access to printed certificates, available for collection at the HKDA Office or by mail after the meeting.

Remarks:

- * *All opinions expressed during the meeting are those of the speakers and do not necessarily reflect the official viewpoints of HKDA.*
- * *To uphold copyright regulations, private recording of the lecture is strictly prohibited.*
- * *Members are encouraged to complete the evaluation forms by scanning the QR code available at the venue after the meeting.*